



Miss Panda's Books

# Harvesting



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## Miss Panda's Books

Miss Panda's Books Series helps children learn about plants, animals, and how to care for them. We teach the basic traditional knowledge of being self-sufficient by growing your own food and making healthy choices. Each book in every set will educate your child on a subject related to the set topic, and you can find a fun craft idea on the last page. We hope these books will bring your children wisdom and joy!



When your plant grows and stays healthy, you'll notice little flowers appear. This means your plant is almost ready to produce whatever you planted, like peppers.



When your plant produces your fruit or vegetable, it will be time to harvest! BUT you must wait until it is ripe. This means the produce needs to finish growing, so it will taste its best.



Once the produce is ripe and ready to pick from the plant, you can enjoy it with a meal!



Some plants produce underground, some produce fruit, and some produce flowers or nuts. These are where you find your new seeds to plant again and restart the gardening cycle.





## Harvesting Activity (Step 3 of the Gardening Set Activities)



### Supplies:

- Garden gloves
- Garden shears (grownups only)
- A basket or container to carry your produce
- Mature green bean plant (from step 2)
- Colander

### Directions:

1. Watch for your produce to ripen. A grownup will tell you when it is ready.
2. When the green beans are fully grown, a grownup can cut the beans from the plant with gardening shears or scissors.
3. Place the beans in the basket and carry to the sink to rinse with water in a colander, cleaning them from any bugs or dirt.
4. Now you are ready to eat your green beans!
5. Save a green bean for new seeds in Step 4.